

## **Breakout Schedule Friday**

**October 27, 2023**

**8:30am-10:00am**

Each breakout session earns 1.5  
CEUs or SCECHs

### **After-Schools-Activities Emergency Preparedness, The Missing Links**

*Core Competencies: 8,9*

*PreK-12*

The presentation provides planning elements for schools to develop and implement Critical Incident Protective Measures for their After-School-(Extracurricular) Activities programs that helps ensure that everyone associated with After-School-Activities understand and embrace Emergency Preparedness and Planning to manage the variety of situations will be trained and familiarized practices so that they are better equipped to cope with an emergency situation before, during and after a Critical Incident.

Presenter: Sanford Altschul,  
ARK-CIM, LLC.

Room: Portage Auditorium

### **Community and Family Engagement 101**

*Core Competencies: 4,5,6,7,8,9*

*Early EI-12*

This workshop focuses on developing effective strategies for successful community and family engagement activities. It will help you open a dialogue discussion about collaboration with local businesses and community organizations. This workshop will

include how Community and Family engagement is an interactive process through which afterschool program staff, students, family members, and community leaders can build positive and goal-oriented relationships.

Presenter: Tarra Carson, MA, M.Ed,  
Boys and Girls Club Muskegon  
Lakeshore

Room: Nicolet

### **Creating a Sensory Friendly Learning Environment to Support Neurodiverse & Neurotypical Students**

*Core Competencies: 1,2,4,6,9*

*PreK-12*

The environments in which we spend our time directly impact our thoughts, feelings, and well-being. To maximize learning and comfort for each person in the learning community, we must consider how to create a sensory friendly learning environment. A variety of recommended inclusive strategies will be presented to ensure that your classroom community values align with different learning styles and the arrangement of your learning environment.

Presenter: Sheila Hartley,  
SenseSational Learning Group

Room: Board of Trustees

### **Communicating Expectations**

*Core Competencies: 2,4,5,7,10*

*Late EI-12*

We all have expectations that seem reasonable and yet we are regularly

disappointed in others not behaving or performing the way we need. The support we provide others as we ask them to meet our expectations is crucial. Learn techniques to communicate our expectations and how to coach others in meeting them. The tools learned can be utilized in youth serving environments, along with work place and personal. Communication is key. You can get your needs met by asking in ways that help others meet them.

Presenter: Sarah Weibarth,  
Discover You and The ROCK  
Center for Youth Development

Room: Montcalm

## **The Aftermath virus - Postpandemic Communication Crisis with our youth, Solutions for Change**

*Core Competencies: 4,5  
Grades 6-12*

In today's world, communication looks very different from before the Covid virus. New tools for communication with tweens to young adults will keep you knowledgeable when it comes to social anxiety, and depression. This awareness will help assist in understanding and communicating with students.

Presenter: Alicia Marcos Birong

Room: Board of Directors

## **Understanding the Impact of Abuse, Poverty and Stress on the Brain**

*Core Competencies: 1,4,7,8  
PreK-12*

Fundamental discoveries in neuroscience provide a comprehensive understanding of how experiences, positive or negative impact the developing brain. Trauma doesn't have to lead to negative outcomes when caregivers are able to provide the relational, social, and emotional support necessary to promote resilience. Develop an understanding of how Positive Childhood Experiences can provide the necessary connections children need.

Presenter: Gloria Sherman,  
Parenting and Teaching with  
G.L.O., LLC

Room: Board of Regents

## **Mindfulness-Awareness Meditation: an introduction**

*Core Competencies: 8,10  
PreK-12*

What is mindfulness-awareness practice and how can meditation help us and the youth we serve? Learn to meditate while gaining a better understanding of why meditation is helpful for youth development professionals and for the youth we serve. This hands-on workshop will provide context as while presenting a simple to follow step-by-step process to jump start your mindfulness-awareness meditation practice. Sitting practice and walking meditation will be introduced.

Presenter: Kirk Lewis, Portage  
Community Center

Room: Board of Governors

**Breakout Schedule Friday  
October 27, 2023**

10:10am-11:10am

## WELCOME & KEYNOTE

**Aaron T. Kinzel** is a Criminologist at the University of Michigan and Oakland University. His teaching and research areas of expertise are education, corrections, and public policy. He is a consultant that has worked nationally on criminal justice related issues and collaborated with numerous organizations, including the U.S. Department of Justice. He has worked with thousands of incarcerated/formerly incarcerated individuals and visited over 100 correctional facilities in the United States, Mexico, and Europe. Kinzel's childhood was surrounded by poverty and crime with many of his family members spending time incarcerated. Throughout his life, Kinzel has utilized his lived experience and academic training to improve public safety in various communities. He will be talking in depth about how collectively we can break the culture of violence in our society.

**Rae Chesny**, affectionately known as "The Zora Girl," Rae Chesny is the Director of the forthcoming Zora Neale Hurston Summit presented by the Zora Neale Hurston Trust. Accomplished author of *Zora's Garden*, Rae is also a Johns Hopkins University Literary Consultant who splits her time researching, writing about, and presenting the literary great. During the 33rd Annual Zora Neale Hurston Festival of the Arts and Humanities, she served as the keynote speaker for the Zora Neale Hurston: The Storyteller and Her

Town series. Rae is a 2021 Baldwin House Urban Writer in Residence and currently serves as the ZNH Trust's resident scholar while hosting their new *It's All About Zora!* Series.

The Zora Neale Hurston Scholar is equally passionate about empowering children to tell their stories. In 2017, Rae created the Junior Storyteller Program to mentor historically underrepresented children through programming that gives them the opportunity to become published authors. Rae's poem "When Zora Rises" is the opening piece for *The Fire Inside Anthology Vol. 2* released in 2022. She's also been featured in *The Griot*, *Black Enterprise*, *American Black Journal*, *Michigan Chronicle*, and several radio shows.

**Joy Masha** (M.Ed.) is an advocate for joy and liberation in education. Currently, she serves in D.C. with the Children's Defense Fund Freedom Schools and works with service providers and practitioners to liberate parent and family engagement. Joy is on a mission to deconstruct normative narratives that compromise family success or well-being to create liberatory learning and engagement for all, including the professional.

**Angelica Portillo**'s passion for education and public policy led her to advocate for the Out-of-School Time (OST) field. She has spent nearly a decade working in afterschool programs and providing OST programs with quality

assistance, which ultimately led her to serve as NAA's Director of Advocacy and Workforce Development.

Before her role at NAA, Portillo worked at Dallas Afterschool as the Director of Advocacy, increasing access to afterschool programs for children across Dallas County. In 2018, the National Afterschool Association (NAA) honored her with the Next Generation of Afterschool Leaders award. Angelica holds a bachelor's degree in Political Science and Public Administration from the University of North Texas (UNT) and is currently a board member for the Dallas Regional Chamber's Young Professionals. She also takes pride in being an alumnus of Leadership ISD Civic Voices, Mayor's Star Council, and the LBJ Women's Campaign School.

**Breakout Schedule Friday  
October 27, 2023**

**11:15am-12:00pm**

**Lunch**

Please use this time to eat and visit our exhibitors

**OST Young Professionals MeetUp**

Under age 40? Join the National AfterSchool Association for a YP meet-up and connect with other young professionals. During this meet-up, you'll learn about the NAA Nex Gen Award, NAA resources, and participate in engaging networking activities. We will have

lunches available for you in the room.

Facilitator: Angelica Portillo,  
National Afterschool Association

Room: Board of Directors

**Breakout Schedule Friday  
October 27, 2023**

**12:10pm-1:40pm**

Each breakout session earns 1.5  
CEUs or SCECHs

**Get On My Level: Effective Reaching & Teaching**

*Core Competencies: 1,2,4,5,7,9,10  
PreK-12*

This workshop will provide innovative strategies to reach and teach students in populations that are less than favorable. We will eliminate the myths and discrimination against this population and discover ways to uncover untapped territory in building relationships to help students succeed.

Presenter: Harold Taylor,  
Communities In Schools of Michigan

Room: Nicolet

**Training Today's Youth with the Next Generation Answers**

*Core Competencies: 5,6,7,8  
Grades 6-12*

Give tools and resources necessary to highlight and develop healing spaces. Show how to expose more students to Art, Drama, and Mental

Health professions to lead to more diversity

Presenter: Pat Wiley, Inform Yourself Inc, Youth Development Company

Room: Board of Directors

## **A Journey to Quality Leadership**

*Core Competencies: 1,4,5,6,7,10  
PreK-12*

Presenting elements of leadership in the areas but not limited to; Engaging adults, Building relationships with all stakeholders, Addressing Student Behaviors, Addressing Adult Issue, etc.

Presenter: Freddie McGee, Battle Creek Public Schools

Room: Montcalm

## **The Culture of Violence**

*Core Competencies: 4,7,8  
Grades 6-12*

This presentation will discuss the culture of violence and how trauma can be a breeding ground for this phenomenon. Communities should come together and hold people accountable for their negative actions and transgressions but also consider creating a space for healing and reform to rebuild society and improve public safety.

Presenter: Aaron T Kinzel, UofM Criminology

Room: Portage Auditorium

## **The Michigan AfterSchool Association Credential**

*Core Competencies:  
K-12*

Discover how to work on classes that will provide credits in the field as well as your Certificate /Credentials with MAA and Cypherworx. Looking to work on earning your CDA? Come into the workshop and see how you can achieve your goal. The team will get you started by showing how easy it is to navigate into the system.

Presenter: MAA Team, Michigan AfterSchool Association

Room: Board of Governors

## **Let's Explore Michigan Learning Channel's Future of Me**

*Core Competencies:1,2,5,9  
Late EI-12*

The Michigan Learning Channel has amazing career exploration programming for young learners across the state. From Curious About Careers, Future of Me, and Career Chats, participants will explore how to use the programs to engage children in discovering what career fields interest them.

Presenter: Robin Pizzo, WKAR

Room: Board of Regents

## **A New Path to Liberate Parent and Family Engagement**

*Core Competencies: 6,7,9,10  
Early EI-Middle*

Joy Masha, M.Ed. specializes in transformational development through the lived and work experiences of practitioners to ignite a new path for equitable parent and family engagement.

When we liberate ourselves, we liberate an equitable parent community.

Presenter: Joy Masha, Children's Defense Fund

Room: Board of Trustees

### **Breakout Schedule Friday October 27, 2023**

**1:50pm-3:15pm**

Each breakout session earns 1.5 CEUs or SCECHs

### **Inspiring Connection through Intergenerational Empathy & Understanding**

*Core Competencies: 4,7*

*Late EI-12*

This workshop takes a deep dive into some of the top challenges and opportunities facing children and teens in the 21st century; how youth advocates can create supportive environments in and afterschool; and three things adults should STOP doing that hinder our relationships with youth.

Presenter: Rasheda Williams, Empowered Flower Girl

Room: Board of Governors

### **How can OST Professionals Assist the Youth in Their Programs with Invisible Disabilities**

*Core Competencies: 4,6,7*

*PreK-12*

Participants in this workshop will learn what invisible disabilities are, how to assist students in their programs with invisible disabilities with coping skills to be successful in

program and be a bridge between school, family, and program. In addition, participants will be exposed to various hands-on activities so they can put themselves in the shoes of a person with an invisible disability.

Presenter: Dr Tamiko Garrett, Communities in Schools Kalamazoo

Room: Board of Trustees

### **Wellbeing for Staff Development and Retention**

*Core Competencies: 10*

*PreK-12*

Improve mental health and wellbeing through six simple tools that increase thriving behaviors in ourselves and our staff. In this engaging and interactive workshop, you will explore evidence-informed practices to better understand how the science of wellbeing positively affects mental health, improves job satisfaction, and reduces turnover. You will gain free resources including a wellbeing measurement tool and activities including building positive emotions, leveraging strengths, relationship investment, bio poem, the learning loop, and tiny habits.

Presenter: Beverlee Wenzel, Discover You/The ROCK Center for Youth Development

Room: Montcalm

### **Maximizing Engagement through Storytelling**

*Core Competencies: 1,4,5,6,7*

*Early EI-Middle*

Come and learn the tips and tricks for engaging the most reluctant readers in literacy-based activities utilizing culturally-relevant literature. This workshop will feature engaging and innovative methodologies for inclusive learning experiences, interactive activities, live demonstrations, and more. Educators, community organizations, and parents alike will learn how to adapt activities easily while maximizing their time and children's experience with literacy-based learning.

Presenter: Rae Chesny, Junior Storyteller Program

Room: Portage Auditorium

## **Understanding the Impact of Abuse, Poverty and Stress on the Brain**

*Core Competencies: 1,4,7,8*  
*PreK-12*

Fundamental discoveries in neuroscience provide a comprehensive understanding of how experiences, positive or negative impact the developing brain. Trauma doesn't have to lead to negative outcomes when caregivers are able to provide the relational, social, and emotional support necessary to promote resilience. Develop an understanding of how Positive Childhood Experiences can provide the necessary connections children need.

Presenter: Gloria Sherman, Parenting and Teaching with G.L.O., LLC

Room: Board of Regents

## **OST Standards of Quality**

*Core Competencies: 2,9,10*  
*PreK-12*

Participants will be presented with Michigan Out of School Time Standards, The National Afterschool Association's Core Knowledge and Competency, and the Weikart Center's Pyramid of Quality to learn the standards of out-of-school time programs and how these three quality measures align.

Presenter: Patricia Wagner, ACCESS Community

Room: Nicolet

**Breakout Schedule Friday  
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**3:30pm-5:00pm**

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## **GTF- The Professional Development Opportunity of a lifetime**

*Core Competencies: 1,2,10*  
*Late EI-12*

The Grosvenor Teacher Fellowship (GTF) is a professional development opportunity for pre-K–12 educators made possible by a partnership between Lindblad Expeditions and the National Geographic Society. In this workshop participants will learn about the benefits of National Geographic Learning Framework and FREE Professional Development opportunities

Presenter: Willie C Buford, National Geographic Educator/Explorer

Room: Nicolet

## **Creating a Highly-Collaborative Workplace**

*Core Competencies: 10*

*PreK-12*

In this session, participants will learn how to create a dynamic workplace that provides clear expectations and support, ensures honest communication, handles relationships well, and minimizes conflicts. A highly collaborative and well-functioning workplace begins with leaders who are self-aware, confident, fair, and transparent. Gain new skills to create psychological safety, secure team support, leverage individual and team strengths, and transform challenges into opportunities.

Presenter: Beverlee Wenzel, Discover You/The ROCK Center for Youth Development

Room: Montcalm

## **Virtual Reality Youth Peace Literacy--Literally Changing the Game**

*Core Competencies: 1,2,4,5,6,7,8*

*Early El-12*

Our interactive session will consist of two segments. In the first segment, our participants will learn about research, best practices, and innovation that focus on virtual reality immersion peace literacy for youth as a strategy to combat violence in schools. In the second segment, participants will have the opportunity to preview and have

hands-on experience with new peace literacy materials uniquely designed to inspire young people to see the greater, more powerful version of themselves, to see their superhero-self. Participants will also get a sneak peek at a few innovative virtual reality (VR) and peace literacy concepts being developed by the presenter Dr. Erica Robertson and give input.

Presenter: Dr Erica Robertson, Little Black Girl Adventures Publishing House

Room: Board of Trustees

## **A Path Worth Walking: cultivating deep resilience-building with your team**

*Core Competencies:8,9,10*

*PreK-12*

How do we build resilient learning communities while retaining staff and avoiding burnout? Stress, compassion fatigue, burnout, and vicarious trauma are much more common occupational hazards when organizational leadership doesn't intervene. By addressing how we relate to ourselves, our staff, our agency, and youth this hands-on presentation will give valuable tools and strategies to connect and strengthen our own skills while building a more resilient team. When adults are supported on their own resilience-building journey they're better able to model and guide youth as well!

Presenter: Kirk Lewis, Portage Community Center

Room: Board of Governors

## **Building the Reading Brain Screening & Discussion**

*Core Competencies: 1,2,3*

*PreK-Late EI*

Explore the science of reading and ways to help ready children for this complex task. Reading is essential for daily life, but humans are not born with the ability. Experts in education and neuroscience explain the science of how neural pathways are built, the brain's reading centers, and their impact on early childhood literacy, skill development, and school readiness. **Activity:** Participants will view a 30-minute film and discuss ways to increase literacy supports in their programs while examining Literacy Essential tools and engaging literacy programming from the Michigan Learning Channel.

Presenter: Robin Pizzo, WKAR Public Media

Room: Board of Regents

## **The Magic of Connecting with Your Students**

*Core Competencies: 4,5,6,10*

*Early EI-12*

Join Amanda of The Magician School for a fun and engaging session where she talks about breaking down barriers that can come up with your students and other adults. Whether it's your first year with students or you're a veteran in the field, there is always something to be learned! Prepare to be amazed at how easy it can be to break through those barriers, almost like it's Magic!

Presenters: Amanda Campbell, The Magician School

Room: Portage Auditorium