

## **Breakout Session 1**

**Sunday, October 11, 9:00-12:20**

### **How can Parents/Caregivers and School Professionals Assist Children with Invisible Disabilities?**

Presenter: Dr Tamiko Garrett

Core Competencies: 9,10

In this workshop, participants will learn about conditions that are considered invisible (hidden) disabilities, legal mandates, and what negative stereotypes are associated with individuals who have invisible disabilities. Participants will experience a day in the life of a person with an invisible disability and how parents/caregivers and school professionals can assist and support children with invisible disabilities.

### **Social Emotionally Intelligent Leaders**

Presenter: Beverlee Wenzel

Core Competencies: 10

Take a deep and personal dive into the world of social emotional intelligence. Social emotional intelligence is a priority for our youth, and we get that. In this interactive session evaluate your own SEL and learn ways to increase it on a personal level. Then explore revolutionary ways to translate your SEL to those you lead through development and modeling, ultimately transforming your organization to create greater youth impact!

### **Student Focused S.M.A.R.T.E.R. Objectives in a Virtual World**

Presenter: Gene Hall

Core Competencies: 2, 5

Share techniques with educational partners / participants on developing and managing student focused S.M.A.R.T.E.R. Objectives in a virtual world while utilizing ZOOM and/ or Microsoft Teams as their educational platform.

### **MINDFULNESS-AWARENESS MEDITATION: AN INTRODUCTION**

Presenter: Kirk Lewis

Core Competencies: 4

We are living through challenging times with unique stresses and uncertainty about our future. We have heard that meditation is one tool which has the potential to help us embrace the challenges and make friends with our mind. What is mindfulness-awareness practice and how can meditation help us and the youth we serve? Learn to meditate while gaining a better understanding of why meditation is helpful for youth development professionals and for the youth we serve. This hands-on workshop will present a simple step-by-step process to jump start your mindfulness-awareness meditation practice.

## **Breakout Session 2**

**Sunday, October 11, 1:00-4:20**

### **Strategies for Working with Children Who Experienced Trauma - Building Classroom Connections**

Presenter: Gloria Sherman

Core Competencies: 4, 1

See strategies that can be used in our everyday work with children that have been affected through Trauma and Covid 19 and how to build classroom connections as we move forward.

### **Safe Havens: Integrating Trauma-Informed Care**

Presenter: Kirk Lewis

Core Competencies:

Research suggest that nearly 60% of youth in the U.S. are exposed to a potentially traumatic event each year. Join us as we learn ways to engage young people by creating safe and supportive environments with the goal of helping youth thrive in the face of adversity.

### **Virtual Classroom 101**

Presenter: Serina Loftis

Core Competencies: 10

This workshop will focus on all the steps needed to create your virtual classroom. Virtual classroom may change the learning experience, but it does not have to negatively impact the learning outcomes, however you need to intentionally adapt your content and delivery to a virtual classroom environment. This is a must if you are new to the virtual learning environment.

### **Behavior and Restorative Justice**

Presenter: Diane Kullis - Special Education Mediation Specialist

Core Competencies:3, 7, 8

Restorative Justice is an alternative approach for responding to misbehavior and Conflict. It can help to resolve behavior problems and repair relationships in a cooperative way through a variety of techniques, including mediation.

## **Breakout Session 3**

**Monday, October 12, 9:00-12:20**

### **Mapping Resilience: Simple Tools to Build Critical Skills**

Presenter: Kirk Lewis

Core Competencies: 1,4,5,9

What are the common threads between resilience work, trauma-informed practices, social-emotional learning, and positive youth development? This presentation will explore the simple but game-changing ways to intentionally link these concepts using evidence-based strategies and new staff practices — all leading to dramatic results, consistently high program quality, staff engagement, and youth success.

### **Strategies for Working with Children Who Experienced Trauma – Building Classroom Connections**

Presenter: Gloria Sherman

Core Competencies:1, 3, 4

We have all heard about ACEs (Adverse Childhood Experiences) can have a long-term impact on brain-development, mental health, and physical health. Trauma is an experience that overloads the sensory system. COVID-19 has added a layer of additional worry, concern and stress for children and families. Learn strategies to provide the emotional, social, and cognitive supports necessary to promote resilience. One or two caring adults can positively impact children's lives forever. It could be YOU!

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Core Competencies:3, 7, 8

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### **Diverse, Equity and Inclusion (DEI)**

Presenter: Mallory DePrekel

Core Competencies: 6

DEI is more important for education organizations today due to their work with learners of all backgrounds, students need to feel valued and affirmed, and educators and others whose work impacts them should espouse those values by exploring and honoring differences. This workshop will focus on why the education sector on equity and serving all student, especially those who are the furthest from opportunities.

## **Breakout Session 4**

**Monday, October 12, 1:00-4:20**

### **Developing Possibilities: Pathways from Struggles to Resilience (Post Traumatic Growth)**

Presenter: Gloria Sherman

Core Competencies: 1,3,4

Resilience- the ability to bounce back when faced with adversity-is a characteristic that even our youngest children need. Understanding strategies that can be implemented immediately is one of the key factors for assisting children develop resilience. This strength-based workshop focuses on social emotional well-being and developing resilience of vulnerable children and families. Walk away with tools to help children, families and ourselves become socially strong and emotionally secure.

### **Architects of Resilience: Creating Sustainable Staff Development**

Presenter: Kirk Lewis

Core Competencies: 9,10

Who cares for the caregivers? Resilience skills are more important than ever in this time of stress and uncertainty. How do we best model these strategies for youth? By the way we approach our own work within youth service organizations and how we relate to ourselves and our staff. This hands-on presentation will give valuable strategies and tools to strengthen our own resiliency and social-emotional awareness in our work with youth.

### **Learning Goals through Developmental Relationships**

Presenter: Aisha Walters

Core Competencies: 2, 4, 5, 10

Research on Adverse Childhood (ACES) and Emotional Intelligence, suggest children exposed early to a traumatic event (parental domestic violence, poverty, neighborhood Violence, etc.) can experience lasting impacts on executive functioning and self-regulation often limiting academic performance, creating potential learning delays or social emotional learning challenges. The presentation will discuss ways in which Communities in Schools has partnered with school districts 21<sup>st</sup> Century programs and other OST programs to tackle the intersection of academic and nonacademic through international developmental relationships.

## **Bridge Builders: Creating Faith Base Collaboration in OST**

Presenter: Pastor Monique French

Core Competencies: 7

Bridge Builders is constructed to offer insight into the variations of the faith-based connecting with the community. It provides suggested strategies to service providers in working with individuals and communities to include communities of poverty. We will look at the various economic classes and best practices relating to those classes. There are three classes identified: poor, middle class, and wealthy. The information shared can be used as a tool for faith-based service providers as a bridge in connecting with the lives of the people they wish to serve.

## **Breakout Session 5**

**Tuesday, October 13, 9:00-12:20**

### **Leading through Change**

Presenter: Beverlee Wenzel

Core Competencies: 7, 8

Leading through Change is an interactive workshop that will explore specific tools including demand prioritization, strength leveraging, healthy risk-taking and responsible decision making through the lens of the pandemic. We will consider ways to use these tools to navigate the current situation as well as the change that is yet to come in OST.

### **Mapping Resilience: Simple Tools to Build Critical Skills**

Presenter: Kirk Lowis

Core Competencies: 1,4,5,9

What are the common threads between resilience work, trauma-informed practices, social-emotional learning, and positive youth development? This presentation will explore the simple but game-changing ways to intentionally link these concepts using evidence-based strategies and new staff practices — all leading to dramatic results, consistently high program quality, staff engagement, and youth success.

### **Creating Virtual Music in your Classroom**

Presenter: Pharlon Randle, Bang town Productions and Recording

Core Competencies: 4, 7, 9

Students will love the opportunity to learn how to bring music into virtual learning. Pharlon is a well know DJ and entrepreneur who knows how to bring excitement into your classroom learning experience through music. Come attend this workshop and learn what it takes to keep students engage in learning through music.

### **Bridges Out of Poverty with Implicit Bias**

Presenter: Michelle McGregor

Participants will review poverty research, examine a theory of change, and analyze poverty through the prism of the hidden rules of class, resources, family structure and language. Throughout the training, participants will receive specific strategies for improving outcomes for people living in poverty. This workshop is extremely important during this time of uncertainty as we work with our families.

## **Breakout Session 6**

**Tuesday, October 13, 1:00-4:20**

### **Architects of Resilience: Creating Sustainable Staff Development**

Presenter: Kirk Lowis

Core Competencies: 9,10

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### **Behavior and Restorative Justice**

Presenter: Diane Kullis - Special Education Mediation Specialist

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### **Accelerate4KIDS Esport & Entrepreneurship STEM Program**

Presenter: Thanh Tran – Executive Director, Accelerate4KIDS

The Pew Research Center found that 30% of Hispanic and Black vs 7% of Whites are gamers in the \$3bil eSport industry. To harness this new growing trend and empower youth for the new opportunities surrounding eSport, we need to educate and provide 21st century skills that will make them flexible and adaptable for future opportunities. The workshop will provide examples of curriculum, programs, and student engagement to provide a quality eSport and entrepreneurship program.